



## Learn to Ski/Snowboard Learn to ski Ability Levels

### Skiing

**Snow Flurries (5-8yrs)**—In this class there are 5 levels. The beginner group will start in the beginner area (front of lodge) so parents will be able to watch their children's progress. We do ask that unless asked by the instructor parents remain either on the deck or inside so that the Instructor can better hold their students attention. If they need help they will ask. Please read through the levels below to help determine which level best describes your child. The colors will remain the same so when you complete a level you can put the next level as your ability level in future 4 week lessons.

- Level 1 White** Never ever beginner and/or cannot come to a stop on their own. They will be in the beginner area learning the basics of balancing and gliding on the snow
- Level 2 Red** Can stop and glide in a wedge (pizza) and are working on turning and getting up on their own. They take their first ride on the chair lift after mastering the beginner area
- Level 3 Green** Can turn left, right and make a complete stop. They can ride the chair lift and ski on green trails (slow poke and lazy lane)
- Level 4 Blue** Explores harder green trails and easier blue runs. They learn to make advanced turns, making a wedge turn (pizza) and skiing parallel (fries) across the hill
- Level 5 Black** Can make advanced turns, ski all blue trails and are beginning to explore groomed black trails (cloud 9). Can ski parallel on green and blue trails and are preparing for pole use.

**Blizzards (9-12yrs)**—In this class there are 5 levels. While the beginner group still starts in the beginner area (front of lodge) they tend to move quickly to the chair lift and to the green trails. Please read through the levels below to determine which level best describes your child. The colors will remain the same so when you complete a level you can put the next level as their ability level in future 4 week lessons.

- Level 1 White** Never ever beginner and/or cannot come to a stop on their own. They will be in the beginner area learning the basics of balancing and gliding on the snow
- Level 2 Red** Can stop and glide in a wedge and are working on turning and getting up on their own. They take their first ride on the chair lift after mastering the beginner area
- Level 3 Green** Can link turns and make and hold different size wedges for control on different terrain. Can ride the chair lift with confidence and ski green terrain (slow poke and lazy lane). Is ready to learn beginner parallel turns (wedge christies and skid turns)
- Level 4 Blue** Can ski harder green and easier blue trails using a wedge christies and/or open parallel turns. Working on parallel turns on blue trails and is ready to learn to use poles
- Level 5 Black** Can make open parallel or skid turns on all blue trails and are beginning to explore groomed black trails (cloud 9). Are working on advanced/dynamic parallel turns on steeps, in bumps and on ungroomed trails. This skier's focus can be to master the art of carving turns (racer style) on the groomed trails

### Snowboarding

There are 5 levels in each age group. The levels are the same in each group but the speed that the levels are mastered varies greatly. The student may progress one or two levels or be recommended to stay in a level for more than one session. The first three levels of snowboarding can be very slow to master, and each student is different. Don't rush! Learn it and practice, practice, practice! Please read through the following levels to determine which best describes you or your child.

- Level 1 White** Never ever beginner
- Level 2 Red** Working on toe-edge and heel-edge turns in the beginner area (front of lodge)
- Level 3 Green** Becoming comfortable with linking turns in the beginner area and is ready to learn the chair lift and green trails (slow poke and lazy lane)
- Level 4 Blue** Confident in linking turns on green trails (slow poke and lazy lane) and working on blue trails, may be starting to carve turns
- Level 5 Black** Working on riding on steep trails, hard blue and easier blacks (cloud 9). Working on carving turns and using short linked turns in bumps and on ungroomed trails